



Information on Community Services for Children Ages 17 to 21 years and their families

*This checklist acts as a guide for the Transition Planning process, specific for ages 17-21, to begin planning for the transition to adult supports and services.

Would you Like Information on...?	Community Supports & Services
Financial Planning	
**All children's funding stops when your child turns 18 (SSAH, ACSD & CDB) At 17.5 years of age, your child can apply for the Ontario Disability Pension Plan (ODSP) Developmental Services Ontario offers financial support for community involvement and respite for adults. Your child must have a psychological assessment in order to apply for Passport Funding through Developmental Services Ontario. You can send this assessment to the DSO when your child turns 16 to see if they qualify to complete an application. Ensure that you open a joint bank account with your child prior to their 18th birthday or you may not have access to their ODSP without obtaining a costly Power of Attorney Consider opening a Registered Disability Savings Plan for your child's future financial security Consider creating a Henson Trust for your child's future. A Henson Trust is an estate planning tool that allows you to create a discretionary trust to provide financial support for your child while preserving their eligibility for government benefits like ODSP.	● Plan and apply for adult funding before your child turns 18 to avoid or minimize any delays ● Ontario Disability Pension Plan (ODSP) www.mcass.gov.on.ca ● Developmental Services Ontario (DSO) www.dsontario.ca ● Speak with your bank ● Registered Disability Savings Plan www.cra-arc.gc.ca ● Consult a lawyer knowledgeable with Henson Trusts

Supportive Housing & In Home Support	
Interested in information about supportive housing options?	Developmental Services Ontario www.dsontario.ca/housing
There are many agencies that offer in home personal care support for adults	Search the internet and speak to other families to select an agency that fits your needs
Employment & Volunteer Opportunities	
Interested in developing job-related skills and finding employment?	Ontario.ca www.ontario.ca/page/people-disabilities#section-0
Interested in exploring Volunteer opportunities?	Volunteer Windsor volunteerwindsor.ca
Local Transition to Adulthood Website	
For more information on these and other supports and services please visit our local "Plan Your Transition" website.	- Plan your Transition (website) planyourtransition.com - Partners4Planning (P4P) Partners for Planning
Medical Care	
If your child has a pediatrician, make sure that you have a family physician that will follow your child once they turn 18 If your child will need an adult specialists (dentist, cardiologist, dietician etc) ask your child's pediatric specialist(s) to make the appropriate referrals	
Secondary and Post-Secondary Education	
Inquire at your child's high school whether they offer specialized programming that provides skill development for future work or volunteer opportunities Each year our local Public and Catholic School Boards put on an event called "Planning for Success" where adult service providers provide information about their programs and services. Please ask someone at your child's school for details. St. Clair College has a program designed to provide individuals with developmental disabilities with the opportunity to experience college life and develop	<i>Planning For Success</i> - Information Fair for Adult Supports - Community Integration through Cooperative Education Program www.stclaircollege.ca/programs/community-integration-through-cooperative-education

skills to help prepare them for employment or volunteer work	
Recreation Opportunities	
Is your child interested in becoming involved in any type of sport, recreational or social activity? There may be additional groups that plan activities for adults with intellectual disabilities in our community. To find out more ask other parents, check out our Facebook page and search the internet	- Community Recreation Resource Guide imccentre.ca/wp-content/uploads/2025/08/2024-2025-Community-Recreation-Guide.pdf - Up About Down Teen/Adult Activities Up About Down Windsor Essex County Teen/Adult www.upaboutdown.org/news-events/news/ - Special Olympics LaSalle-Windsor lasallewindsor.specialolympicsontario.ca/home - Italian Handicapable Association Italian Canadian Handicapable Association
Day Programs & Adult Respite	
This website does not offer a complete list of programs, please consult your child's high school, speak with other parents and search the internet.	Able Canada ablecanada.ca/ontario/cities/windsor
Transportation	
Is accessible public transportation required?	- Handi Transit 211ontario.ca/service/82620698/handi-transit-handi-transit/ - Via Rail - travel vouchers: Contact the Pediatric Family Resource Centre at London's Victoria & Children's Hospital Telephone: 519-685-8500 Ext. 52604 Email: pfrc@lhsc.on.ca - Care Link Transit Health Transit www.caredove.com/service/detail/sid/6154
Home Accessibility	
Does your young adult have home accessibility needs?	Contact the John McGivney Children's Centre www.imccentre.ca
Parent Support	
Looking to connect with other parents for support and hear from other families about what has worked for them? Maybe you are looking to get connected	- Up About Down Windsor Essex www.upaboutdown.org - Windsor Essex Family Network

with a peer support program or professional counselling.	windsorsexfamnet.ca • Ensemble Understands ensembleunderstands.com • Ontario Caregiver Organization www.ontariocaregiver.ca
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